

Monday	Tuesday	Wednesday	Thursday	Friday
MARCH 30 Make an instrument from things you find around the house.	MARCH 31 Listen to a piece of instrumental music. Draw what you hear	1 Play some music and move to the steady beat	2 Read a book about music or a musician. There are a bunch on youtube. OR Make up a story about a musician	3 Sing 2 songs we sing in music class. Perform for your family OR teach them the songs
6 Make up a song about everything you usually put in your backpack.	7 Sit still for 3-5 minutes. Write every sound you hear.	8 Using items at home, create sound effects for a story you like (a book or one you made up)	9 Using a piece of string, make a shape. Then sing the shape (high, low, same). Do at least 2 different shapes.	10 Pick a song you really like. Sing it fast, then slow. Add movement while changing speed (clapping, marching, jumping, etc.)
13 Listen to a song you like. Draw a picture of how it makes you feel.	14 Sing the directions to your reading assignment. Add body percussion for sound effects.	15 Say the name of items in your bedroom, what's the rhythm.	16 Draw a picture of your favorite instrument. Name it and describe how it sounds	17 Sing the directions to your favorite game. Find 3 items at home to use as "instruments" for accompaniment
20 Act out your favorite story or book. Add sound effects.	21 Keep a steady beat and say your multiplications, addition, or subtraction facts.	22 Sing directions to your math assignment. Add instruments or body percussion for sound effects.	23 Make up an instrument and give it a name. Describe how it sounds	24 Play freeze dance to your favorite song.
27 Find 5 items around your house that make a metal sound. Choose your fav. And play a steady beat while singing a song.	28 Find a place to sit quietly outside. Draw a picture of 4 items that make a musical sound. Describe the sound.	29 Read a poem using your high voice and low voice. Then read it fast and slow. What other kinds of voices can you use?	30 Say and clap your first and last name. Think and clap your first and last name. Write the rhythms.	1 Sing a song from a commercial. How many different ways can you sing it (fast/slow, high/low, silly, fancy etc.)